

# Moving Towards Mastery

An Advanced Coaching Skills Development Program

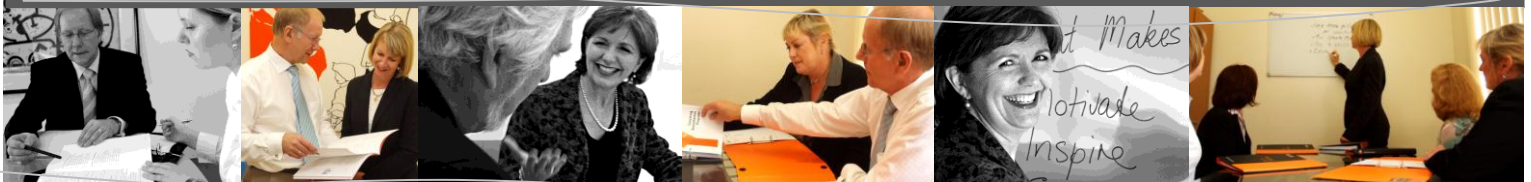


If you have been coaching for a little while (or longer) you have probably become aware of just how much more there is still to know and learn about truly masterful coaching.

So if you are at a point where you would like to take your coaching to the next level our new advanced coaching course, **Moving Towards Mastery**, will provide you with deeper level skills and techniques to assist you in taking your coaching clients to higher levels of awareness, change and growth.

**What is it?** A two day coaching skill development learning experience for more experienced coaches.

**Who is this for?** This program is not for people just getting into coaching. Participants will need to have attended a *gci* Coaching Accreditation Program, in house Leader as Coach Program or other first level coach training program.



## Workshop objectives:

As a result of participation in this learning experience participants will:

- Explore the structure of coaching conversations beyond the **GROWTH** model
- Develop greater confidence and strategies for coaching more challenging clients
- Explore some theoretical perspectives – in particular positive psychology, change theories that can bring greater depth to your coaching approach
- Explore in depth the role of Emotional Intelligence in the coaching process
- Be better able to manage the relational dynamics
- Undertake practice coaching sessions and receive feedback

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## Workshop Outline:

- **Challenging Limiting Beliefs**

This segment will explore recent developments in change theory and how these concepts can be practically applied in coaching contexts.

- **Emotional Intelligence and Coaching**

This segment will provide an in depth look at EQ and its importance in the coaching interaction. An online EQ assessment will be debriefed in this section and specific strategies explored for building EQ both for coaches and for use in helping clients grow in this area.

- **Coaching the Challenging Client**

Some people are easier to coach than others. When you are faced with working with a more challenging client what choices and approaches are available for working with these clients in ways that add value to their coaching experience?

- **Appreciative and Strengths Based Coaching**

This segment will explore concepts and techniques found in the overlapping fields of Appreciative Inquiry, Solutions Focused Brief Coaching, Positive Psychology and Strengths Based approaches.

- **Extended Practice and Debrief**

All segments will involve practical application and practice sessions but time will be allocated for extended practice coaching sessions with fellow participants with feedback provided.

- **Individual Coaching Sessions (optional)**

If you would like to embed and refine the skills learnt during the workshop, you might like to take advantage of special follow-up coaching. (Additional \$300 fee applies.)

## FOUR EASY WAYS TO REGISTER...

- **ONLINE**

[www.growthcoaching.com.au/moving-towards-mastery](http://www.growthcoaching.com.au/moving-towards-mastery)

- **BY PHONE**

Sydney (02) 9411 2755  
Perth (08) 9341 1002

- **BY EMAIL**

[info@growthcoaching.com.au](mailto:info@growthcoaching.com.au)

- **BY FAX**

Sydney (02) 9411 2766  
Perth (08) 9341 1009

Download registration form at [www.growthcoaching.com.au/moving-towards-mastery](http://www.growthcoaching.com.au/moving-towards-mastery)

- **PROGRAM DATES:**

Melbourne: 12-13 May 2011  
Sydney: 19-20 May 2011  
Launceston: 29-30 March 2011

- **INVESTMENT:**

**\$775** Early bird rate  
(Register before 1 month of program start date)

**\$895** Standard rate

These fees are GST inclusive and also include workshop manuals, lunch and refreshments.